

## **Going International with Guiding!!**

Now the world has opened up again there are International Opportunities available to members to travel abroad with Guiding. There are opportunities available at County (Hampshire East) and Region (South West England) and some girls may be lucky enough to be planning a trip with their unit or Division.

With exceptions in the last couple of years due to covid, every year groups from across Hampshire East go abroad with Guiding. In the last few years we have had groups go to France, Switzerland, Croatia, Cyprus and India, to name just a few. Activities on these trips have included visiting Guiding World Centres, snow sports and service projects such as volunteering in an orphanage and conservation of turtles.

We have also had Guides, Rangers and Young Leaders represent the County at Region level on trips to Iceland, Kenya, Switzerland, The Netherlands, Canada and Mexico.

Travelling internationally with Girlguiding is always a fantastic experience, perhaps to countries you would never otherwise visit, attending jamborees, completing service projects e.g. conservation, teaching, building schools, being hosted or visiting local Girl Guides or Girl Scouts - the possibilities are endless and often end in lasting friendships across the World.

Groups can take part in fundraising and girls can apply for grants to help with the cost of the trips.

#### Here's your opportunity:

#### HAMPSHIRE EAST INTERNATIONAL TRIPS!!

## 1)ZANZIBAR, October 2024

WHO: Guides/Rangers/Young leaders

WHEN: October half term 2024



WHAT: 8 night trip working in partner schools volunteering with renovations, teaching and sports coaching. The trip will include excursions along the lines of a boat trip to a snorkelling beach and places such as Prison Island, home to 100 giant tortoises and/or a trip into the jungle to see the Colobus monkeys. There will be opportunities to visit Stonetown (UNESCO world heritage site) and meet with local Girl Guides. Accommodation is in a private and security fenced hotel. African adventures provide a local host for the trip.



## **Going International with Guiding!!**

WHAT WILL GIRLS GET FROM THE TRIP: Schools in Zanzibar are overcrowded, under-resourced and lacking in basics such as desks. Access to toilets is limited (up to 400 children sharing one toilet) and this often leads to children missing out on education. It is particularly difficult for girls to manage their menstrual health. Volunteers on the trip will be able to take part in helping in the classroom, leading sports activities, help maintain the building and be part of the WASH programme improving the access to latrines and part of the school-led programme helping girls to manage their menstrual health.

The group will be deciding the final plans and excursions

COST: Roughly £2200

# 2)MALTA, July/August 2024

WHO: Guides/Rangers/Young leaders

WHAT: Final details will be decided by the group but this is an activity holiday Including abseiling, coasteering, snorkelling, rock climbing, ziplining,



sea kayaking, exploring the ancient wonders of the island and a trip to a local waterpark. Accommodation is in a private guest house. The group will be linking with the Maltese Girl Guides and will make lasting Guiding friendships.

WHAT WILL GIRLS GET FROM THIS TRIP: This trip gives girls the opportunity to adventure internationally to an island where English is spoken and understood and take part in a number of adventurous activities. There is the opportunity to meet local girl guides and take part in activities and hopefully stay with and do some community service with them.

COST: Approx £1350

#### **EXPRESS YOUR INTEREST:**

If you are interested in travelling internationally with Guiding come along to the International day at Sandy Acres on Sunday March 12<sup>th</sup> where we have a day of fun activities planned. You will get to hear more about the trips, meet some of the leaders and other Guides, Rangers and Young Leaders who are also keen to go abroad with Guiding. Register to attend using this link: <a href="https://forms.gle/SC4CbZeoXc6d8WnC7">https://forms.gle/SC4CbZeoXc6d8WnC7</a>

**Interested but cannot make 12**<sup>th</sup> **March**? Email Hampshire East International Adviser, Sarah Woodman, on hantseastIA@outlook.com with you name, contact details and unit and we will make alternative arrangements.